

Community of Hope International Pastoral Ministry Training 2024

Episcopal Church in Minnesota

Saint Mark's Episcopal Cathedral

Are you drawn to a more intentional spiritual life of care and service?

Community of Hope (COHI) equips lay people to serve as pastoral ministers--creating communities steeped in Benedictine Spirituality and serving others through compassionate listening.

Through ongoing spiritual formation and practical lessons in offering care, members learn to match theological insights and spiritual practices with their experiences of ministering to others.

Community of Hope provides a solid Benedictine foundation for discernment and formation for pastoral ministry and for other roles in serving in the church. The 2024 Community of Hope lay ministry training program begins September 21st and ends November 16th. The program involves in-person retreats at the beginning and end of the training, with Zoom sessions on Saturday mornings in between. If you are interested in finding out more, please contact the Rev Kate Maxwell OSB at kate@stjohnwilderness.org or Dr. Helen Hansen at helenh@ourcathedral.org 612-250-7255.

This Community of Hope training is a partnership with ECMN led by Dr. Helen Hansen of St. Mark's Cathedral, Minneapolis, and the Rev. Kate Maxwell OSB of St. John in the Wilderness, White Bear Lake.

September 21	<i>Retreat</i>	
	Module 6 <i>In-person St Mark's</i>	Spiritual Gifts
	Module 5 <i>In-person St Mark's</i>	Prayer, Meditation, and Silence
	Module 1 <i>In-person St Mark's</i>	Benedictine Spirituality
September 28	Modules 2 & 3 <i>Zoom</i>	Pastoral Identity & Theology of Pastoral Care
October 5	Module 4 <i>Zoom</i>	Listening Skills
October 12	Module 7 <i>Zoom</i>	The Pastoral Visit and Boundaries
October 19	Module 8 <i>in person</i>	Confidentiality & 1 st Practice Visit
October 26	Module 9 <i>Zoom</i>	Family Systems
November 2	Module 12 <i>Zoom</i>	2 nd Practice Visit
November 9	<i>NO CLASS</i>	<i>ECMN Convention</i>
November 16	<i>Retreat</i>	
	Module 10 <i>In-person St Mark's</i>	Grief
	Module 13 <i>In-person St Mark's</i>	Care for the Caregiver

	Module 14 <i>In-person St Mark's</i>	Commitment to Ministry
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Community of Hope “is about the skills and the practices of spiritual life that prepares each one of us to be open to the other...to believe and trust that the hospitality of the Christian faith is to look for the Christ in the other person, and as we approach them to serve them and in humility provide ministry to them. Our prayer is that the stranger will receive us and look for the Christ in us.”— Rev. Dr. Helen Appelberg | Community of Hope International Founder