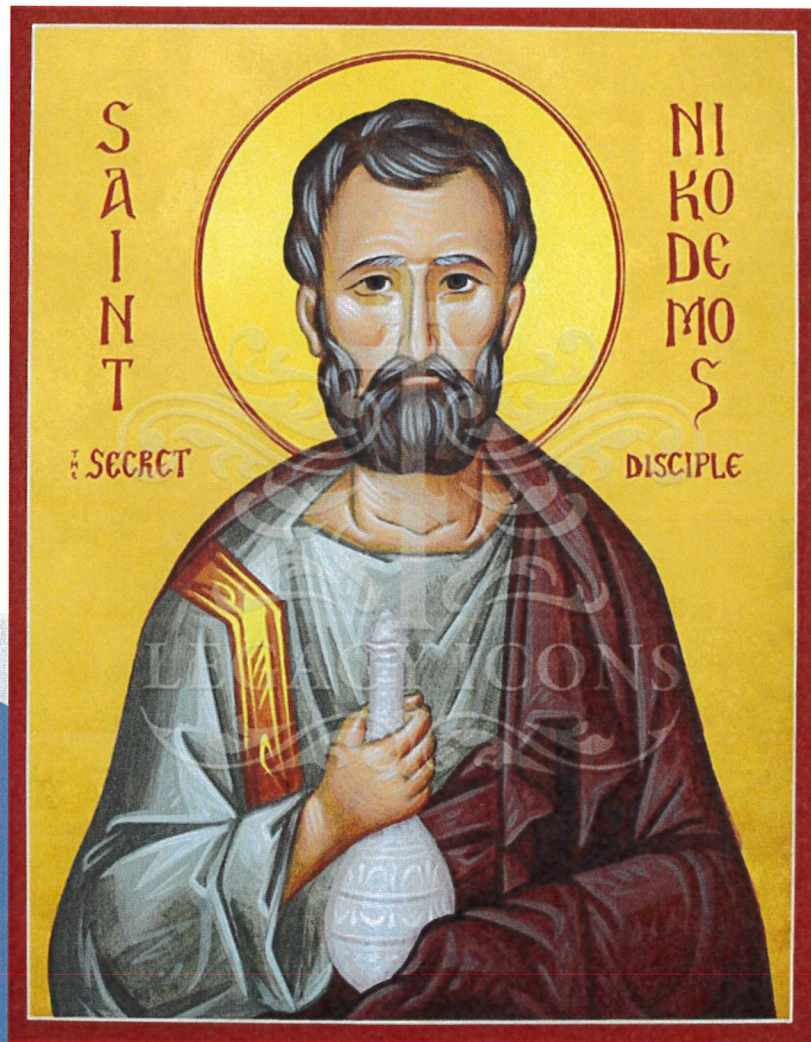




# SAINT MARK'S

EPISCOPAL CATHEDRAL

*Minneapolis*



◆ The Second Sunday in Lent

March 1, 2026 | 10:30am Rite II Choral Eucharist

---

# Welcome to Saint Mark's Episcopal Cathedral

*We are delighted that you are here with us today!*

## Every Sunday

Throughout the morning, **Fellowship** is offered in the Community Room and the **Cathedral Bookshop** is open until 1pm on the first level. **Docent Tours** are available after the 10:30am service, to learn about the history and art of your cathedral. Meet at the pulpit.

The **Nursery** is available from 10 am to 12 pm, and is located next to the Library. The most appropriate age for the nursery is between 6 months and 6 years, but we know that sometimes there will be exceptions. Want to volunteer to support this team? Any questions about Nursery? Please contact Kimberley Johnson at [kimberleydarnalljohnson@hotmail.com](mailto:kimberleydarnalljohnson@hotmail.com).

**Children's Worship** - Children's Worship is available during the 10:30 service. This worship time is planned for children ages 3 – 6 years with a little "wobble room" on either side of the age range.

It begins during the Gradual Hymn with gathering at the crossing in the Nave and a procession to the Library. Children will return during the exchange of the Peace.

**Livestream Note** - Please remember that our microphones are active during the prelude and postlude and conversations may be heard on the broadcast. And please, kindly consider those who would like to use this time to pray or enjoy the music.

## Accessibility and Security

- Our sound system is compatible with T-coil hearing aids. Hearing assist devices are at each door or ask an usher. Users of hearing aids need only touch the "telephone" setting on their hearing aid to clearly hear the spoken words.
- The elevator is located at the end of the Gallery Hall.
- Accessible parking is available on the Hennepin Avenue side of the building and in the main lot on Oak Grove St.
- Please keep all of your belongings with you.

## Connect with Us

We want to become acquainted with you! Scan the QR code, use the Connect Card in the pew back or visit our website, and share your contact information with us. We look forward to connecting.



Connect

## Saint Mark's Episcopal Cathedral Land Acknowledgement

*Humble yourselves before the Lord, and he will lift you up. (James 4:10).*

God calls each of us to demonstrate humility and to show compassion for all creation, in our thoughts and in our actions. Walking that path, we acknowledge the injustices that we and our ancestors have inflicted upon our Indigenous siblings.

We acknowledge especially the Dakota, Anishinaabe, and others whose land and homes were taken, land we now occupy in this cathedral. We commit to learning from our indigenous relatives and to turning what we learn into action as we strive for reconciliation and healing. May we always remember that the Earth does not belong to us; we belong to the Earth. We are all relatives. Help us to learn from our past mistakes and to be instruments of justice and peace for all.

---

# The Word of God

*Please stand.*

## Silent Procession

## Opening Acclamation

Bless the Lord who forgives all our sins.  
His mercy endures for ever.

*All who are able, please kneel*

## The Summary of the Law

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

## The Confession of Sin

Let us humbly confess our sins unto Almighty God.  
Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.  
We have not loved you with our whole heart; we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Presider pronounces an absolution.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

## Kyrie Eleison: Hymnal S86

David Hurd

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e  
e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -  
le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.  
Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Collect of the Day

The Lord be with you.

**And also with you.**

Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

The First Lesson

Genesis 12:1-4a

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

The Word of the Lord.

**Thanks be to God.**

Psalm 121 (*the congregation sings the refrain*)



I lift up my eyes to the hills: from where is my help to come?  
My help comes from the Lord: the maker of heaven and earth.

**Refrain**

He will not let your foot be moved: and he who watches over you will not fall asleep.  
Behold, he who keeps watch over Israel: shall neither slumber nor sleep.

**Refrain**

The Lord himself watches over you: the Lord is your shade at your right hand.  
So that the sun shall not strike you by day: nor the moon by night.

**Refrain**

The Lord shall preserve you from all evil: it is he who shall keep you safe.  
The Lord shall watch over your going out and your coming in: from this time forth for evermore.

**Refrain**

The Second Lesson

Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith,

in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") — in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.

**Thanks be to God.**

*Children's Worship – during the Gradual Hymn, a Ministry Leader will be at the Crossing Seal (in front of the steps) to Welcome and lead any children 6 years and younger to The Library for Children's worship. Accompanying adults may attend as well. They will return to the Nave during the Peace.*

Gradual Hymn

635: If thou but trust in God to guide thee

The Gospel

John 3:1-17

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Christ**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

*Please be seated.*

The Sermon

The Reverend Clara Sanders

*All who are able will please stand.*

## The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshipped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Prayers of the People

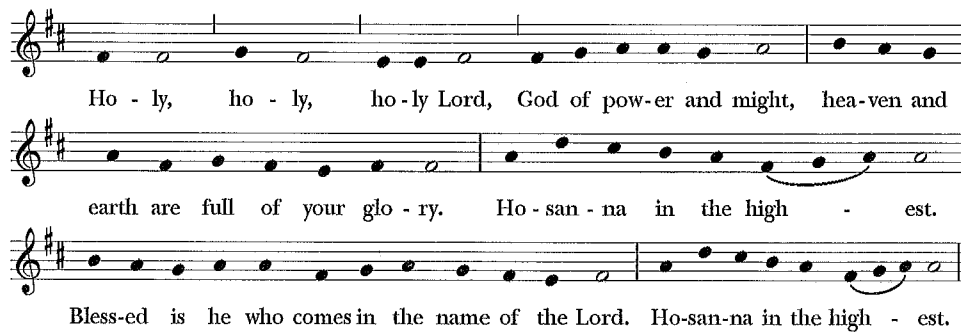
*Following each intercession:*

Lord, in your mercy  
Hear our prayer.

*The Presider concludes with the following:*

Almighty and eternal God, ruler of all things in heaven and earth: mercifully accept the prayers of your people and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**





Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
 earth are full of your glo - ry. Ho - san - na in the high - est.  
 Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

### The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy Name,**

**Thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses, as we forgive those who trespass against us.**

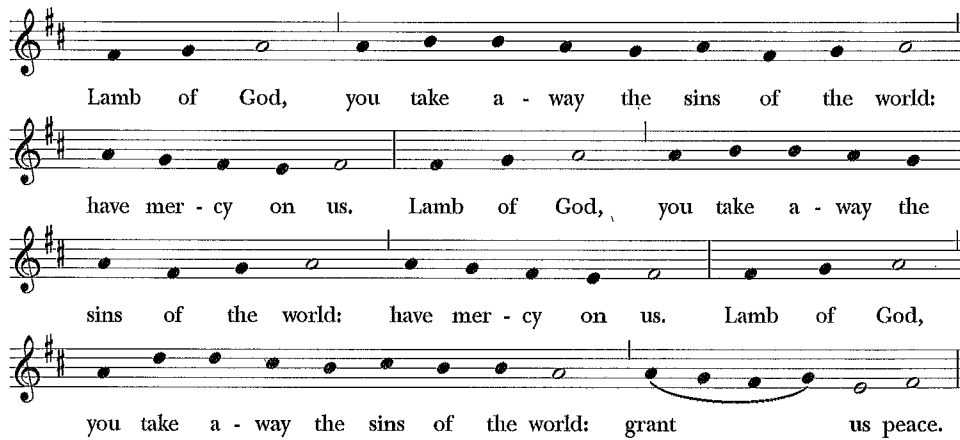
**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## The Breaking of the Bread

### Fraction Anthem

David Hurd



Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

### Communion of the People

---

*All seeking God are welcome at Christ's table.*

- *To receive communion with us, please receive the Bread in your open hands.*
  - *Gluten Free is available at the station on the left (closer to the lectern, not on the seal); To receive the wine, assist the Chalice Bearer by using your hand to guide the base of the Chalice. If you wish to receive the wine by intinction (dipping the wafer), please do so.*
  - *To receive a blessing only, cross your arms over your chest as you come forward. Those wishing/ needing to receive communion at their seated location may request seated communion by speaking with an usher.*
  - *You are also invited to receive prayers and the laying on of hands at the Enmegabowh prayer station, located in the back of the church. You are always welcome to light a candle and pray on your own in this area as well.*
- 

### Anthem at Communion: Ave verum corpus

William Byrd

Hail, O true Body, of the blessed Virgin born,  
Which in anguish did suffer upon the cross to redeem us;  
From whose side, when pierced with a spear, there came forth both water and blood:  
Be to us at our last hour the source of consolation.  
O loving, O holy, O Jesu, Son of Mary.  
Have mercy upon me. Amen.

### Hymns at Communion

313: Let thy Blood in mercy poured  
318: Here, O my Lord, I see thee face to face

## Sending Eucharistic Visitors

We send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ.

**May you carry the prayers of all of us as you take this Sacrament of Christ's presence.**

*All who are able will please stand or kneel.*

## Postcommunion Prayer

**Loving God, we give you thanks  
for restoring us in your image  
and nourishing us with spiritual food  
in the Sacrament of Christ's Body and Blood.  
Now send us forth a people, forgiven, healed, renewed;  
that we may proclaim your love to the world  
and continue in the risen life of Christ our Savior. Amen.**

## The Solemn Prayer over the People

Deacon: Bow down before the Lord.

*The people kneel and the Presider says the following prayer:*

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. **Amen.**

## Recessional Hymn

675: Take up your cross, the Savior said

## The Dismissal

*The Deacon dismisses the people and the people respond:*

**Thanks be to God.**

Postlude: Prelude in C minor BWV546

J.S. Bach

*As you depart this morning, please be mindful of those who wish to remain in the pews to pray or listen to the postlude, and that conversations can often be clearly heard over the livestream.*

*The Altar Guild would like to invite all who are interested to participate in the annual Easter Flower ministry of remembering their loved ones by contributing to the Easter flower fund. Each memorial - or in honor of - is \$40.00.*

*You can send a check to:  
St. Mark's Episcopal Cathedral-Attn: Flowers  
519 Oak Grove Street, Mpls., MN 55403*

*There are order forms and return envelopes available at each door as you enter the Nave and in the Welcome Center that will give you the opportunity to order specific plants. Easter lilies will be ordered if you do not specify otherwise. Please remember to include the names of the persons being remembered or honored. You are welcome to take the flowers you order home after the 10:30AM Easter Sunday service.*

*For the names to appear in the Easter bulletins the requests must arrive at the church office by March 23, 2026.*



*Thank you for participating in this Cherished ministry.*





# SAINT MARK'S

## EPISCOPAL CATHEDRAL

*Minneapolis*

*The Most Reverend Sean Rowe Presiding Bishop and Primate of The Episcopal Church*  
*The Right Reverend Craig Loya Bishop of the Episcopal Church in Minnesota*

### ***Cathedral Ministry Team***

The Reverend Tim Kingsley *Priest - Cathedral Provost*

The Reverend Neptali Rodriguez *Priest - Part-time Associate for Misionero Hispano*

Raymond Johnston *Canon Musician*

Mary Lusk *Canon Community Developer*

Tina Kraby *Campus Services & Welcome Center Supervisor*

The Reverend Terry M. Erickson *Deacon & Part-time Sacristan*

### ***Non Stipendiary and Lay Ministers***

Dr. Helen E. Hansen *Pastoral Care Minister - Shared Ministry*

The Reverend Lowell B. Johnson *Shared Ministry, Spiritual Director*

The Reverend Mary Beth Farrell *Priest - Shared Ministry Team, Vestry Chaplain*

The Reverend Bryan Bliss *Priest - Shared Ministry Team*

The Reverend Kent Rahm *Priest - Staff Chaplain*

The Reverend Morris Goodwin Jr. *Part-time Deacon*

The Reverend Clara Sanders – *Curate/Community Engagement Minister*

Dr. Reverend Jay Phelan – *Theologian in Residence, Deployed*

Dr. Andrew Stewart – *Theologian in Residence*

Caitlin Childe-Archuleta – *Children's Worship Coordinator*

Brian Myers – *Middle School Children's Coordinator*

Kimberley Johnson - *Gather*

Emmanuel Wilson - *Gather*

Joan Olson - *Transform*

Michaela Johnson - *Send*

### ***Saint Mark's Executive Team***

The Reverend Tim Kingsley *Priest - Cathedral Provost*

Mike Shepherd *Senior Warden* - [seniorwarden@ourcathedral.org](mailto:seniorwarden@ourcathedral.org)

Rachel Babbit *Junior Warden* - [juniorwarden@ourcathedral.org](mailto:juniorwarden@ourcathedral.org)

Janet Balej *Treasurer* - [treasurer@ourcathedral.org](mailto:treasurer@ourcathedral.org)

Michelle Mandrich *Clerk* – [clerk@ourcathedral.org](mailto:clerk@ourcathedral.org)

### ***Saint Mark's Vestry***

Brandon Lorge – *At Large*

Jacob Buchen – *At Large*

Joe Ward – *At Large*

Paul Anton – *At Large*

Vivien Smith – *At Large*

*Subscribe to our email news & updates @ [ourcathedral.org](http://ourcathedral.org)*

*Follow us on our official Facebook page @[SaintMarksEpiscopalCathedral](https://www.facebook.com/SaintMarksEpiscopalCathedral). and on Instagram @[stmarksmpis](https://www.instagram.com/stmarksmpis).*

519 OAK GROVE STREET • MINNEAPOLIS, MN 55403 • 612 870 7800 • [OURCATHEDRAL.ORG](http://OURCATHEDRAL.ORG)