

SAINT MARK'S CATHEDRAL

MONTHLY CONNECTOR

A Message from the Senior Warden

Mike Shepherd

Beloved Saint Markans,

On behalf of your newly elected Vestry, I want to thank you for putting your trust in us to provide faithful service in the year ahead. I also want to thank our outgoing Vestry members for their many contributions during the course of their terms – with a special expression of gratitude to our Provost, Tim Kingsley, and our executive committee, Gina Christ, John Satterberg and Brian Myers. Over the last two years, their vision, leadership and collegial spirit gave us a strong sense of purpose, and our accomplishments were shaped by their guidance and support. Thank you, Tim, Gina, John and Brian, for your longstanding commitment and service.

As we look ahead during what promises to be a momentous year, we'll build on the foundation the previous Vestry established and look to serve all Saint Markans in ways that aren't just transactional but also transformational. And for that, we need each of you, because the Vestry's work is to discern together with you and implement together with you what God is calling us to be – *and do* – in this particular time and place.

I'm eager to do that work with you, and I thank you again for your support and trust.

Faithfully,
Mike

UPCOMING HIGHLIGHTS

These are in addition to our Sunday Worship services at 8:00am, 10:30am and 5:00pm

Feb 1, Sunday - Joining the Church series, week 1 of 8, 9:15, Library

Feb 1 - 15, A Festival of Banners: A Celebration of Liturgical Textile Art; Art Gallery

Feb 3, Tuesday - Knitting Group, 10:30 am, Library; 1st & 3rd Tuesday

Feb 6, Friday - Gospel-based Discipleship, 12:15 – 12:45, weekly, via zoom

Feb 8, Sunday - Second Sunday Supper, 4:15 pm for volunteers, 5 pm for meal, at Plymouth Congregational Church

Feb 9, Monday - Lenten Small Group Discussions begin, various days and times, see website for details

Feb 11, Wednesday - Mixed Blood How to Leave a Party - see ad for ticket information

Feb 12, Thursday - Women's Ministry, 6 – 7:30, Library. (Bring a simple food to share.)

Feb 15 – March 31, Exhibit in Art Gallery by Chris Faust, Landscape Photographer

Feb 15, Sunday - Pancake Feast, 8:30 – 10:30 am, Community room, suggested donation \$10

Feb 15, Sunday - Music Series offering, Andrew Sords, Violin Recital, 2:30 pm

Feb 16, President's Day, Monday – Cathedral closed for Federal Holiday

Feb 18, Ash Wednesday Worship, 12:15 pm (Spoken Eucharist) and 7:30 pm (Choral Eucharist)

Feb 22, Sunday - Forum led by Dean Search Committee, 9:30 am, Banquet Room

Feb 24, Tuesday - Fresh Start at Great River Landing, 12:00 pm

Feb 25, Wednesday - Voices of Reconciliation, 7:00 pm, Rabbi Marcia Zimmerman and Dr. Andy Stewart

Feb 26, Thursday - Sound Journey, 6:00 pm, Nave

Feb 28, Saturday - Men's Ministry, 9:00 am, Library

Sunday: 7:30 am - 6:00 pm

Monday: By appointment

Tuesday: By appointment

Wednesday: 9:00 am - 3:00 pm

Thursday: By appointment

Friday: Closed

Saturday: 9:00 am - 1:00 pm

BUILDING
SCHEDULE

The Provost's Perspective

Rev. Timothy Kingsley, Cathedral Provost

Dear Cathedral Community,

As we close one season and prepare to enter another, I want to pause and offer deep thanks for the work of the 2025 Vestry and its leadership, Gina Christ, John Satterberg, and Brian Myers, as they retire from executive leadership.



These are extraordinary people of faith who have given generously of their time, wisdom, courage, and love for this Cathedral. I am profoundly grateful for their steadiness, honesty, and integrity, especially when the work before us was not easy. Together, we did hard things. We stayed at the table, faced uncertainty with faith, and held disagreement with respect. That work has been exhausting at times, and also deeply joyful as we begin to see its fruit and the hope it has made possible.

Leadership rooted in faith does not avoid challenge; it walks into it trusting that God is present even when the path is unclear. Our Cathedral is stronger because of Gina's, John's, and Brian's service, and we owe them our heartfelt thanks.

I also extend a warm welcome to our returning and newly elected Vestry members. The gifts you bring give me great joy and renewed confidence for the season ahead. Your willingness to serve and lead is a true blessing to this community.

As we look toward 2026 and enter the holy season of Lent, we might ask together: what does it mean to be in the desert? In our Christian story, the desert is not only a place of testing, but of formation, where dependence deepens and new life quietly begins. In many ways, we have been there together, living through transition, uncertainty, and waiting, yet never alone. God has been with us, forming us faithfully, often beyond what we could see at the time.

Lent invites us to enter the desert intentionally through prayer, repentance, fasting, and generosity, not to rush through it, but to do its necessary work. As a community, this means staying present in difficult conversations, choosing mercy over judgment, curiosity over certainty, and hope over fear. It asks us to examine not only our personal lives, but our shared life together: how we love, lead, and bear witness to Christ.

The desert is never the end of the story. It prepares us to return to the world with clearer vision and deeper compassion, serving all people and honoring the dignity of every human being in the reconciling love of God.

The road ahead will be long at times, and not without fatigue. But the seed is always growing, and the light is always present. Christ is in each and every one of you.

With gratitude, trust, and hope for what God is forming among us,

In Peace,

Tim+

Lenten Small Group Discussions: For Such a Time as This: An Emergency Devotional

***Discussion sections begin on/after February 8.
Sign-up begins January 26***

This book is so good, these days are so fraught, and St. Markans are so ready to challenge and support each other that we feel compelled to bring Hanna Reichel's "emergency devotional," For Such a Time as This back for a second, closer look.

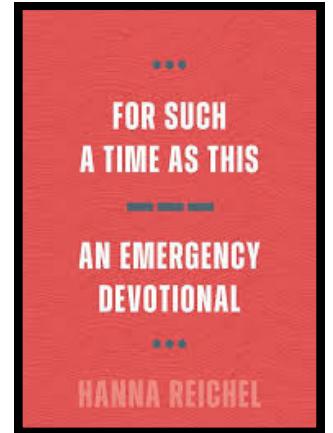
The book was first used last month by a handful of St. Markans during Advent. It was obvious from the three lively discussions sparked in those pre-ICE Age gatherings that a second look is needed, affording more time for shared reflection in smaller, more intimate settings.

Now is the time and Lent is the appropriate season as together we follow Christ and the disciples to Jerusalem, the cross, the empty tomb and the Upper Room.

Each discussion group of 6-8 people will meet weekly with a trained facilitator, either in person or online, for six weeks. Copies of the book are available in the St. Mark's Bookshop.

Questions?: email Roger Larson (rbyronlarson@icloud.com)

Sign-up begins on-line January 26. Email Roger Larson (rbyronlarson@icloud.com) or use the SurveyMonkey Link: <https://www.surveymonkey.com/r/2GC5B9Y>



1. Monday afternoon: 12:00-1:15pm (Zoom)
2. Monday evening (Zoom or In-Person & Start time TBD)
3. Tuesday evening: 6:30-7:45pm (Zoom)
4. Wednesday morning: 10:30-11:45am (In person at St Mark's Library)
5. Wednesday evening: 6:00-7:15pm (In person at St Mark's Library)
6. Thursday morning: 10:30-11:45am (In person at St Mark's Library)

LENT: A Time to Reflect and to Discern

Who am I? After Jesus was baptized he entered the Wilderness and was presented with the option of ruling the kingdoms of the world with might and power. Because Jesus was sure of his true identity as the Son of God who was sent to bring humankind the good news of love, charity, honor of all, and forgiveness of sins, he rejected that option and saw each temptation as an invitation to affirm his identity.

All of us have options in our daily lives. We can make decisions based on our true identity as children of God and followers of the Way, or we can miss the mark through our own selfishness and lack of compassion and empathy.

The season of Lent gives us time to reflect on our true identity and deepen our relationship with God through times of prayer, meditation, silent moments with God, and meditating on Holy Scripture and Creation for insight and wisdom.

Through those practices we gain insight into ways to turn our lives around through acts of kindness, mercy, and justice. Lent gives us time to look at our inner lives, acknowledge our faults, and make amends by actions in the wider world guided by the Spirit.

When we consider our own shortcomings and grieve the sins of the world, we do not despair or lose heart since there is always good in the world. Always God is with us to create a better world.

In the Litany of Penitence for Ash Wednesday is a petition: "Accept our repentance, Lord, for the wrongs we have done; for our blindness to human need and suffering, and our negligence to injustice and cruelty. Accept our repentance, Lord."

In the season of Lent may we affirm our true identity as children of God as we discern ways of using our gifts and talents to persevere in love of God and our neighbors. May the words of The Rev. Steven Charleston be a guide in our discernment and perseverance:

"I will not surrender history to those who would take it for themselves or deny it to others. I will not remain silent so leaders who love the sound of their own voice may do all the talking. I will not accept the sacrifice of justice on the altar of ideology. I will commit my time and resources to support the good work in which I believe. I will work alongside others from all backgrounds who share common cause with hope. I will listen and learn and grow in my resolve to see a better tomorrow. My faith life is a simple creed: do unto others. My spirit life is a single action: keep balance with the Spirit. Who I am, I commit to the Spirit. What I have, I commit to my human family. Where I go, I commit to love."

Rev. Lowell Johnson, Deacon

Part V
VOICES OF RECONCILIATION
SPEAKER SERIES

Join us for our next Voice of Reconciliation conversation on Wednesday, February 25th, at 7:00 PM with Rabbi Marcia Zimmerman of Temple Israel in Minneapolis.

Rabbi Zimmerman has served her congregation and the broader community for decades as an advocate for progressive and inclusive values grounded in the Reform Jewish movement.

She will share her experience as the leader of a large urban synagogue and help us to understand the current rise of anti-semitic rhetoric and actions, as well as the important distinction between criticism of Israeli policies and anti-semitism.

Saint Mark's Episcopal Cathedral
519 Oak Grove Street
Minneapolis, MN 55403



February 25, 2026
7pm.

Featuring
Rabbi Marcia Zimmerman



VISIT THE BOOK SHOP

The Cathedral Book Shop at Saint Mark's carries: Bibles, BCPs, daily meditations, spirituality, children's books, fiction, calendars, cards, gifts and jewelry.

Hours:

Sundays: 9:30am - 1:00pm

Tuesday and Thursday by Appointment

Wednesdays 10:00am - 2:00pm

or online at: <https://bookshop.org/shop/SaintMarksCathedralMpls>



**SAINT MARK'S CATHEDRAL
PANCAKE SUNDAY
PRE-LENT FEAST
FEBRUARY 15, 2026
8:30AM-10:30AM**



**Suggested Donation: \$10.00 per person or as fits your budget.
Donations are appreciated to support our community events.**

NO RSVP NEEDED — JUST COME HUNGRY

Saint Mark's Music Series Presents



**VIOLIN RECITAL:
FEATURING ANDREW SORDS**

ROMANCE OF THE VIOLIN - Violinist Andrew Sords brings quintessentially romantic sonatas & showpieces by Dvorak, Brahms, Chopin, and Sarasate to his St. Mark's début. His experience as soloist with nearly 300 orchestras worldwide and as recitalist from Manhattan to Melbourne, Sords illuminates each work with anecdotes and humor.

FEB 15 | 2:30 PM

FREE ADMISSION

Joining the Episcopal Church: A Preparation Class for Adult Baptism, Confirmation, Reception, Reaffirmation, and Membership.

Interested in learning more about the Episcopal Church? Interested in being baptized or confirmed as an adult (ages 16+)? Interested in reaffirming your confirmation vows or being received into the Episcopal Church? Then Joining the Episcopal Church is meant for you.

The Spring Session will begin on Sunday, February 1, 2026 from 9:15 a.m. to 10:15 a.m. in the St. Mark's Library and continue each Sunday until 3/22/26. Participants will be ready for Baptism at the Easter Vigil (Saturday, 4/1/26 in the evening) or for Confirmation (4/18/26 beginning at 2 p.m.).

The heart of Joining the Episcopal Church is a study of the Baptismal Covenant, understood as a basic expression of our faith. There will be opportunities for learning, sharing in conversation, asking questions and discovering more about what it means to be a follower of Jesus Christ. All interested adults are welcome.

We look forward to sharing this experience with you!

Kent Rahm kentrahm@comcast.net
Andrew Stewart abstewart005@gmail.com

Saturday

5:30 p.m. Santa Misa en Español (Worship Service in Spanish)

Sunday

8 a.m. Holy Eucharist Rite I (Traditional Language)
10:30 a.m. Holy Eucharist Rite II (Contemporary Language)
5:00 p.m. Choral Evensong (September through May)

Wednesday

12:15 p.m. Holy Eucharist

Thursday

9 a.m. Contemplative Prayer

**WORSHIP
SCHEDULE**

MIXED BLOOD THEATRE HOW TO LEAVE A PARTY

How To Leave A Party
by ashley sparks



Wednesday, February 11, 2026
6:00pm
St. Mark's Episcopal Cathedral

A work-in-process immersive, multimedia, and interactive solo show blending facilitation, family photos, and stories (from ashley and the audience) about death, dying, grief, dementia, politics, and race. Yes, it's weaving all those things together, and no, it's not as depressing as it sounds. This multimedia experience also includes karaoke, at least one dirty joke, snacks, and a worksheet.

The piece is **rated R** for graphic descriptions of dying and mature themes related to politics and race.

Tickets are available at:
<https://mixedblood.com/product/how-to-leave-a-party/>

MIXED BLOOD THEATRE EQUITABLE DINNERS

We are continuing the popular Equitable Dinners that bring together strangers and friends from diverse backgrounds to experience theatre, share a meal, and talk about complex issues. Each quarter, we will unveil a new play addressing a new topic: affordable housing, mental health, racial equity, and climate resilience.

Mental Health - Monday, March 23 @6pm at Saint Mark's

<https://mixedblood.com/equitable-dinners/>

*Please note that reservations are required at the above link. Seating is limited. This is not a Saint Mark's event and must be reserved through Mixed Blood.



Gathering Groups

As a way to connect and to grow as disciples of Jesus, Saint Mark's has a variety of groups based on interest, affinity, or time.

Women's group: Second Thursday of the month, 6:00 pm, in the Library.

Men's Ministry: Fourth Saturday of the month, 9:00 am, in the Library.

Knitting Ministry, First and third Tuesday of the month from 10:30am

Gospel-Based Discipleship, Fridays, 12:15pm, online via Zoom

Found in the Library

Rough Sleepers: Dr Jim O'Connell's Urgent Mission to Bring Healing To Homeless People, by Tracy Kidder

Jim O'Connell a Harvard Medical School graduate was finishing his residency at Massachusetts General Hospital when hospital's chief of medicine asked him to defer a prestigious fellowship in cancer research to help create an organization to bring medical care to Boston's homeless population. Dr. Jim had found his calling. What was to be a one year commitment became a lifetime's work. Dr. Jim brought medical care to those who slept on the streets of Boston year-round. Tracy Kidder spent five years following Jim and his colleagues (doctors, nurses, addiction specialists, and administration support) and their patients.

This story is deeply touching, heartfelt and at times heart wrenching. The stories are grueling; blizzards, substance abuse, illness, extreme suffering, death and a few miracles. Interwoven through the narrative are the stories of the individuals Dr. Jim worked with, many who became a part of his life. One universal theme for the people he worked with was a dark and painful past.

I recommend this biography to anyone who has ever passed by an unhoused person and wondered how they got there. It is a starting point to understanding. While reading this book I couldn't put it down. Kidder is a master of storytelling. I was in awe of Jim O'Connell who had so many options to chose from in the medical world and chose to help those that so many people look down upon.

This title is found in the biography section of St. Mark's Episcopal Cathedral Library and can be checked out for 4 weeks. It is also available through your public library.
Submitted by Jen Long

More about Saint Mark's

Connect with Us

If you are new, please fill out our Connect cards that are in the pews. Or scan this QR Code to fill it out electronically. The email you provide will add you to the e-news list to help you connect in this community.



Every Sunday

Nursery. Available from 10 am – 12 pm, the nursery is located next to the library on the second floor of the building. This space is best suited for children between 6 months and 6 years.

Family Space. In the front of the Nave, near the Lectern which is on the left side as you face the altar, is a soft and accessible area for families with children. There are soft toys available, and it is a great place for children to be able to observe the actions of the service.

Docent Tours. Every Sunday, there is a docent-led tour of the Nave after the 10:30 service. To learn about the history and art of this cathedral, meet the leader under the Pulpit, which is where the Homily/sermon is offered.

Fellowship. Every Sunday, after both morning services, coffee and treats are offered in the Community Room, on the first floor. Lively conversation is always included with fellowship.

Adult Forum. Offered on the 1st and 4th Sundays of the month, February 22 will feature a presentation from the Dean Search Committee. Please join in the Banquet Room on the first floor, from 9:30 – 10:15 am.

Restrooms. In the Art Gallery hallway is an accessible space available for everyone. Additional restrooms are in the library hallway, as well as down the stairs in the Parlor area.

Hearing Assist. Our sound system is compatible with T-coil hearing aids. Hearing assist devices are at each door; ask an usher for assistance. Users of hearing aids need only touch the "telephone" setting on their hearing aid to clearly hear the spoken word.

Ways to Give. As an expression of gratitude for God's generosity, please consider a financial gift today and place it in the offering plate. We are greatly appreciative of your generosity.



The Most Reverend Sean Rowe Presiding Bishop and Primate of The Episcopal Church
The Right Reverend Craig Loya Bishop of the Episcopal Church in Minnesota

Cathedral Ministry Team

The Reverend Tim Kingsley Priest - Cathedral Provost
The Reverend Neptali Rodriguez Priest - Part-time Associate for Misionero Hispano
Raymond Johnston Canon Musician
Mary Lusk Canon Community Developer
Tina Kraby Campus Services & Welcome Center Supervisor
The Reverend Terry M. Erickson Deacon & Part-time Sacristan

Non Stipendiary Ministry Team Members

Dr. Helen E. Hansen Pastoral Care Minister - Shared Ministry
The Reverend Lowell B. Johnson Shared Ministry, Spiritual Director
The Reverend Mary Beth Farrell Priest - Shared Ministry Team, Vestry Chaplain
The Reverend Bryan Bliss Priest - Shared Ministry Team
The Reverend Kent Rahm Priest - Staff Chaplain
The Reverend Morris Goodwin Jr. Part-time Deacon
The Reverend Clara Sanders – Seminarian/Community Engagement Minister
Dr. Reverend Jay Phelan – Theologian in Residence, Deployed
Dr. Andrew Stewart – Theologian in Residence
Caitlin Childe-Archuleta – Children’s Worship Coordinator
Brian Myers – Middle School Children’s Coordinator

Saint Mark's Executive Team

The Reverend Tim Kingsley Priest - Cathedral Provost
Mike Shepherd Senior Warden - seniorwarden@ourcathedral.org
Rachel Babbit Junior Warden - juniorwarden@ourcathedral.org
Janet Balej Treasurer - treasurer@ourcathedral.org
Michelle Mandrich Clerk – clerk@ourcathedral.org

Saint Mark's Vestry

Brandon Lorge – At Large
Jacob Buchen – At Large
Joe Ward – At Large
Paul Anton – At Large
Vivien Smith – At Large

Subscribe to our email news & updates @ ourcathedral.org

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